

The Thinking Environment® Foundation Course

“The quality of everything we do depends on the quality of thinking we do first.” – Nancy Kline

What is this course about?

This experiential online course is a comprehensive introduction to the Thinking Environment® in the context of group interactions. It introduces the Ten Components, or behaviours, and their practical applications – a discovery of the conditions in which we can do our best thinking. It is based on the work of Nancy Kline and Time to Think. It allows participants to learn, practice and experience the power of truly thinking for ourselves with one another. It provides an opportunity to practice the foundational skills of a facilitation approach that uncovers deeper, richer thinking. The course has been adapted to a hybrid work context to create in-person and online environments which maintain connection, belonging and engagement. Elevate your thinking and connect authentically in a safe space to unlock a powerful, collaborative process that can generate cutting-edge independent thinking and breakthrough outcomes.

Participants will:

- Learn the 10 components of a Thinking Environment and practice how to presence them
- Explore the ‘Building Blocks’ of a Thinking Environment, including Thinking Pairs, Dialogue, Open Discussion, and Rounds
- Practice applying the ‘Building Blocks’ in various contexts, including running meetings and a Time To Think Council, which is an approach to group problem-solving and can be used in team coaching settings
- Reflect on the ways your discussions, presentations, group facilitation, and everyday conversations can be transformed into rigorous, respectful, productive, energising, inclusive, and creative experiences
- Gain valuable time to think about topics that matter to you and your teams and experience cutting-edge thinking in an easeful, safe environment

Participants will receive the Foundation Course manual provided by Time to Think.

Who is this course for?

Team leaders, HR and learning professionals, beginner and seasoned facilitators, parents, teachers, team coaches, and anyone who is interested in discovering an approach to conversations and group interactions that can unlock innovative thinking. This course is the prerequisite course for the Time to Think Facilitation Course, but it is also a standalone course.

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The Thinking Environment® Foundation Course

“If you knew you can think with courage, imagination, grace, and rigour, what would change for you?” – Nancy Kline

What are the dates?

Date and timings (Singapore):

30 March 2021 2pm to 6pm (with screen breaks)

1 April 2021 9:30am to 6pm (with a lunch break and screen breaks)

7 April 2021 2pm to 6pm (with screen breaks)

This two-day course will be run as four half-day online sessions.

Each participant will also receive a 1-to-1 session with the instructor as part of the course with an in-person session option for those in Singapore.

* If you are interested in the program, but cannot make the dates indicated, please write to us about the possibility of changes and/or next program dates.

What is the cost?

The cost of the course is S\$1,400. Concessions are available for group bookings, individuals working in non-profit organisations, and those impacted by COVID. We can also work out instalment options. Please write to us to discuss the options.

What is the group size?

The small group size of 4 to 10 participants allows for a more immersive thinking and learning experience with ample practice and reflection opportunities.

How do I register?

To register your interest, please email k_kapai@yzer.com.sg.

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“We cannot solve our problems with the same thinking we used when we created them.” – Albert Einstein

Who is the facilitator?

This course is delivered by Khyati Kapai, a certified Time to Think Consultant. Khyati has 19 years of teaching, facilitation, and coaching experience. She is the Founder and Principal Consultant of Yzer Solutions, a talent development consultancy specialising in learning solutions for interpersonal communication and positivity-led performance. Khyati has also taught as an Adjunct Lecturer at Nanyang Technological University, teaching Communication Management to business undergraduates. She is also an Associate of the Hong Kong Management Association (HKMA) and ESCP Europe Business School. Before moving to the professional development industry, Khyati worked in Hong Kong as a Financial Analyst for Citigroup and as an Auditor for Deloitte & Touche. Khyati’s family is originally from India, she grew up in Hong Kong and now lives in Singapore with her husband.

What has been the experience of past thinkers?

“Consciously and intentionally blocking time out for a thinking environment and asking incisive questions, is key to unlocking answers that we may otherwise struggle with, or perhaps not go deep into. It’s a practise that I want to start first with a few close colleagues and expand to the team as well! Also, I thought that the Thinking Council helped quite a bit. It was great to have an open facilitation format as I feel it encouraged open conversation – the “no interruptions” and taking turns to speak.. it was very helpful and I felt very comfortable speaking and sharing my thoughts.”

- Subhadarshini Kotawala, Gerson Lehrman Group Pte. Ltd.

“I experienced these benefits: 1) Dedicated and uninterrupted time to do critical thinking and high-focus work on pre-selected topics / subjects that had priority deadlines. 2) A process that allowed free flow thought in a structured environment, with Khyati facilitating as a guide and witness to these thoughts and ideas. 3) A secure environment under client confidentiality agreement. 4) A thorough body of work after each session to support meeting my weekly goals.

I highly recommend this process to those who may struggle with adding 'thinking time' into their schedules (or judge the desire to do so), and to those that want to fine tune their focus and critical thinking skills.”

- Anna Williams, Senior Business Development and Workstyle Consultant (Asia Pacific), Veldhoen + Company

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