

# THOUGHTFUL MENTORING

## THE QUESTION



If you knew that you can think with more rigour, courage, imagination and grace, what would change for you?



## THE PROPOSITION

The Thinking Environment® is based upon the observation that everything we do depends upon the quality of the thinking we do first. So, the most important expertise we can acquire is the ability to think well for ourselves. Explore the work of Nancy Kline and *Time to Think*, a discovery into the transformational nature of a Thinking Environment in the context of your Mentoring Conversations.

## OBJECTIVES



- Discover the components and applications of the Thinking Environment to explore clear and independent thinking
- Apply the applications of the Thinking Environment to prepare for Mentoring Conversations with confidence
- Design outcomes and questions for Mentoring Conversations to gain optimal value from the mentor's experience, history and knowledge while cultivating your independent thinking

## INDICATIVE OUTLINE

**4 x 2-HOUR SESSIONS**  
of experiential learning



### ▶ Session Overview | Concepts and Practice

#### **Each 2-hour Session**

- Opening Round
- Thinking Pairs / Dialogue
- Reflection Round
- Meeting on Theme
- Reflection Round
- Preparation for Mentoring Conversation
- Closing Round and Appreciation

### ▶ Session Themes

- Session 1 – Communication and Relationship Building:  
How can I enhance interpersonal skills?
- Session 2 – Navigating Work:  
How can I navigate my work and environment?
- Session 3 – Career Build:  
How can I thrive in my career at my organisation?
- Session 4 – Personal Growth:  
How can I enhance my personal growth?

*The Thinking Environment is the copyright of Nancy Kline and Time to Think Ltd. This course is offered by Yzer Solutions Pte Ltd, certified by Time to Think.*