

The Time to Think Coaching Course

“The quality of everything we do depends on the quality of thinking we do first.”

What is this course about?

The Time to Think Coaching Pathway teaches the Thinking Environment® in the context of one-to-one conversations. It is based on the work of Nancy Kline and Time to Think Ltd. It allows participants to learn, practice and experience the power of truly thinking for ourselves.

In this four-day course and practicum journey, participants will deepen their learning from the Thinking Partnership course (pre-requisite course) to:

- Practice how to embody the 10 components of a Thinking Environment as a mindset to promote unexplored thinking in an easeful, and supportive environment.
- Co-create a partnership that ignites independent thinking to promote autonomy in the process.
- Practice the deeper skills of a Time to Think coaching approach to evoke awareness that facilitates growth.
- Deepen knowledge and practice of the breakthrough process to free thinking that is blocked by limiting assumptions

As the group size is usually limited to 4 participants, everyone will have the opportunity to engage in an immersive learning experience through coach-practice, paired Thinking Sessions, and demonstrations with teaching segments that provide ample opportunities for reflection.

Who is this course for?

The course is for participants who have completed the Thinking Partnership course and would like to qualify as Time to Think coaches. During the course, participants also have the opportunity to explore their own cutting-edge thinking on topics of their choice in an easeful, encouraging, and confidential setting. Upon completion of this qualification, participants can join the global Time to Think Collegiate.

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The Thinking Partnership Course

“If you knew you can think with courage, imagination, grace, and rigour, what would change for you?”

Who is the instructor?

Khyati Kapai is an ICF member and Time to Think Consultant, Teacher, Coach and Facilitator. She is also an Emergent Faculty member for Time to Think Ltd. Khyati is the Founder of Yzer Solutions Pte Ltd, a learning and development consultancy. Khyati has been teaching, training and coaching since 2001. Khyati has coached and trained senior executives internationally supporting clients from diverse cultural and professional backgrounds including investment bankers in Shanghai and Beijing, engineers in Singapore, ministry officials in Cambodia, and luxury retailers in Europe and the US. Khyati has also been on the coaching panels for business schools. Khyati enjoys working with leaders who are committed to overcoming adaptive challenges, embracing a collaborative style, and tuning into themselves. Before moving to the talent development industry, Khyati worked in Hong Kong as a Financial Analyst and prior to that as an Auditor. Khyati is a Certified Public Accountant (CPA) with ACCA-UK. Khyati also has a Post Graduate Certificate in Education from the University of London. Khyati is currently based in Singapore.

What are the details?

Date and timings (Singapore/HK timings):

This four-day course can be arranged according to the preferences of the participants with an in-person session option for those in Singapore. The course is followed by a three- to six-month practicum journey that includes four hours of individual supervision.

To book or for more information on the dates of runs planned in 2021, please contact Khyati Kapai.

What is the cost?

The cost of the course is S\$4,200. Concessions are available for group bookings, individuals working in non-profit organisations, and those impacted by COVID. Please write to us to find out more about concessions available.

What is the group size?

The small group size of 2 to 4 participants allows for a more immersive thinking and learning experience with ample practice and reflection opportunities.

How do I register?

To register your interest, please email k_kapai@yzer.com.sg.

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